

HIGH ALTITUDE HEALTH TIPS

- Reduce alcohol, caffeine & salty foods.
- Drink 3-4 times more water than usual.
- Get plenty of rest before & during your stay.
- Take it easy! Your heart is working harder at this altitude, so quit while you're ahead if you're tired.
- Wear sunscreen—you receive 30% more ultraviolet radiation up here than at sea level!
- Wear sunglasses with ultraviolet protection, even on cloudy or snowy days. Your eyes can actually get "snow burned."
- Eat high carbohydrate meals, limiting fat & protein, for the first few days at altitude.
- In winter, keep warm & dry, & be sure clothes are not too tight or cutting off your circulation. Layering is best.

SYMPTOMS of High Altitude Sickness:

- Headache
- Nausea
- Unusual tiredness
- Trouble sleeping

High altitude sickness symptoms usually go away in a day or two, but if you develop a worsening cough or feel like you have fluid in your lungs—see a doctor immediately!

WHEN IN DOUBT, SEEK MEDICAL HELP!
Cimarron Healthcare Clinic: 575-376-2402

STATISTICS

Elevation: 6,430 ft
Population: 978 (2012 census)
Climate: Summer—85°F/55°F Winter—47°F/15°F
Mileage from Cimarron:
Taos: 57 Eagle Nest: 23 Angel Fire: 36 Red River: 42
Ute Park: 12 Raton: 40 Trinidad, CO: 62 Springer: 27
Las Vegas: 93 Santa Fe: 126 Albuquerque: 215
Denver: 260 Amarillo: 241 Oklahoma City: 500

AREA RANCHES

CS Ranch.....376-2827
CS Hunting & Outfitters..... 376-2595
Express Ranches Atmore, Ute Park.....376-2391
Express Ranches UU Bar..... 376-2035
Philmont Scout Ranch.....376-2281
WS/Vermejo Park Ranch.....376-2276

HEALTH/BEAUTY

- 5. YVONNE'S CROSSROADS OF STYLE**
456 E. 9th Street.....376-4533
Hair & nails; Apts: Tues-Sat 8:30am--6:30pm
- 16. NEW BEGINNINGS BEAUTY SALON**
245 E. Ninth St.....376-2424
Hair, nails, etc. Call for appointment Tues.-Sat.
- 52. E & S ENVIRONMENTAL PRODUCTS**
Ed and Sandy Sitzberger..... 376-2822
Weight loss & nutritional health products
- FRANCIE'S LOTUS MASSAGE THERAPY**
Francie Casper, RN, LMT, CEIM.....970-765-1858
- TRI-POINTS ACUPUNCTURE**
Call for appointment (Cimarron—ABQ—Taos). 505-730-4472
Dr. Susanne Tripodi, BA, MSOM, DOM, Dipl OM, LAc

SERVICES

- 7. NORTHERN NM GAS CO**
Call for service.....800-916-2510
Complete portable LP gas service
- 13. DURHAM SCHOOL SERVICES**
School bus services & group services.....376-2692
- 35. CIMARRON LAUNDROMAT**
Highway 64, Adjacent to the Cree Mee Rest.
Mon.-Sat. 7:30am-9pm; Sun 9am-9pm
- 48. TIM'S AUTO SERVICE**
Corner of Hwy 58/64.....595-5153
Oil changes, car service
- ROBERT'S EVERGREENS**
Firewood.....376-2875
- WILD MAN PAINTING CO.**
Professional quality painting.....303-396-3507
- ZIA NATUARL GAS**
Located inside Cimarron Blue Moon.....800-520-4277

OUTDOORS

- 8. CIMARRON GUNS & GEAR**
31010 Hwy 64.....376-2099
New/used firearms; supplies/accessories
- 9. WILD COUNTRY TAXIDERMY**
Highway 64 & 8th Street..... 376-2575
Mon-Fri 9:00 am-5:00 pm
- HIGH COUNTRY ANGLERS**
Guided Fly Fishing by Doc Thompson.....376-9220
- WHITTEN Taxidermy & Guide Service**
LA Whitten.....376-2621

BOOKKEEPING

- PIPER BOOKKEEPING**
Located in Angel Fire.....377-1504
Providing outstanding Bookkeeping and Tax Service
- JEAN TATUM BOOKKEEPING**
Located in Ute Park.....376-2960
Bookkeeping, Tax Services, Payroll Services.

LOCAL & FEDERAL BLDGS

- 1. CIMARRON VILLAGE COMPLEX**
Village Hall.....376-2232
Village Library..... 376-2474
Hours: M-F 9-5 (closed 12-1)
- Cimarron Police..... 376-2351
Healthcare Clinic..... 376-2402
- 14. CIMARRON HOUSING AUTHORITY**
124 N. Washington Ave.....376-2674
- 27. U.S. POST OFFICE**
210 E. 9th St., Cimarron, NM 87714.....376-2548
Lobby: M-F 8am-4:30pm, Sat. 8-11am
- 28. INTERNATIONAL BANK**
31062 Hwy 64.....376-2274
Mon-Fri 8am-5pm 24 Hour ATM
- 26. SENIOR CITIZENS' CENTER..... 376-2979**
Open Weekdays serving Colfax County
- CHAMBER OF COMMERCE..... 376-2417**
Hwy 64/Lincoln, Visitor Center at the park
Area information, maps, brochures
- EMERGENCY..... 911**
Cimarron Ambulance.....376-2232
Cimarron Fire Dept..... 376-2271
- CIMARRON PUBLIC SCHOOLS.....376-2007**

CHURCHES

- 10. FIRST BAPTIST CHURCH**
5 Lambert Hills Blvd, corner of Hwy 64...376-2469
Sun: School- 9:45am, Worship-11am, Wed- 6pm
- 15. CHURCH OF CHRIST**
759 E. 8th, corner of Lafayette.....376-2527
Bible School-10am, Worship- 11am
- 29. UNITED METHODIST CHURCH**
31082 Hwy 64, corner of N. Collison.....376-2977
Sun. School-9:45am, Worship-10:30am, Wed- 6pm
- 53. IMMACULATE CONCEPTION**
440 W. 18th Street.....376-2553
Sun. Mass-10am

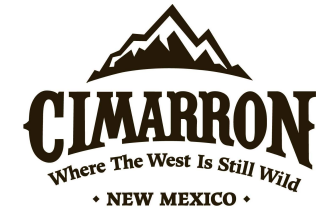
AREA CONTRACTORS

- AVIS CONSTRUCTION**
Hwy 64, Ute Park.....376-2369
- BALDY MOUNTAIN WELDING**
1539 Hwy 58.....483-2484
Welding & construction
- G. CARLISLE EXCAVATION..... 376-2663**
- MINOR CONSTRUCTION.....376-2473**
- WHITTEN CONSTRUCTION.....376-2700**

CATERING

- A TASTE of CIMARRON BBQ**
Catering.....376-2706

**AREA CODE 575
(UNLESS OTHERWISE INDICATED)**



CIMARRON
New Mexico

**BUSINESS
LOCATOR**

**&
VILLAGE MAP**

WHOA, Pardner!!

OLD WEST HOSPITALITY

WHOLESOME FUN

FRESH AIR & SUNSHINE

Cimarron Chamber of Commerce

P.O. Box 604 / 104 N. Lincoln
Cimarron, NM 87714

Call: 575-376-2417 or toll free: 1-888-376-2417
Email: cimarronnm@gmail.com



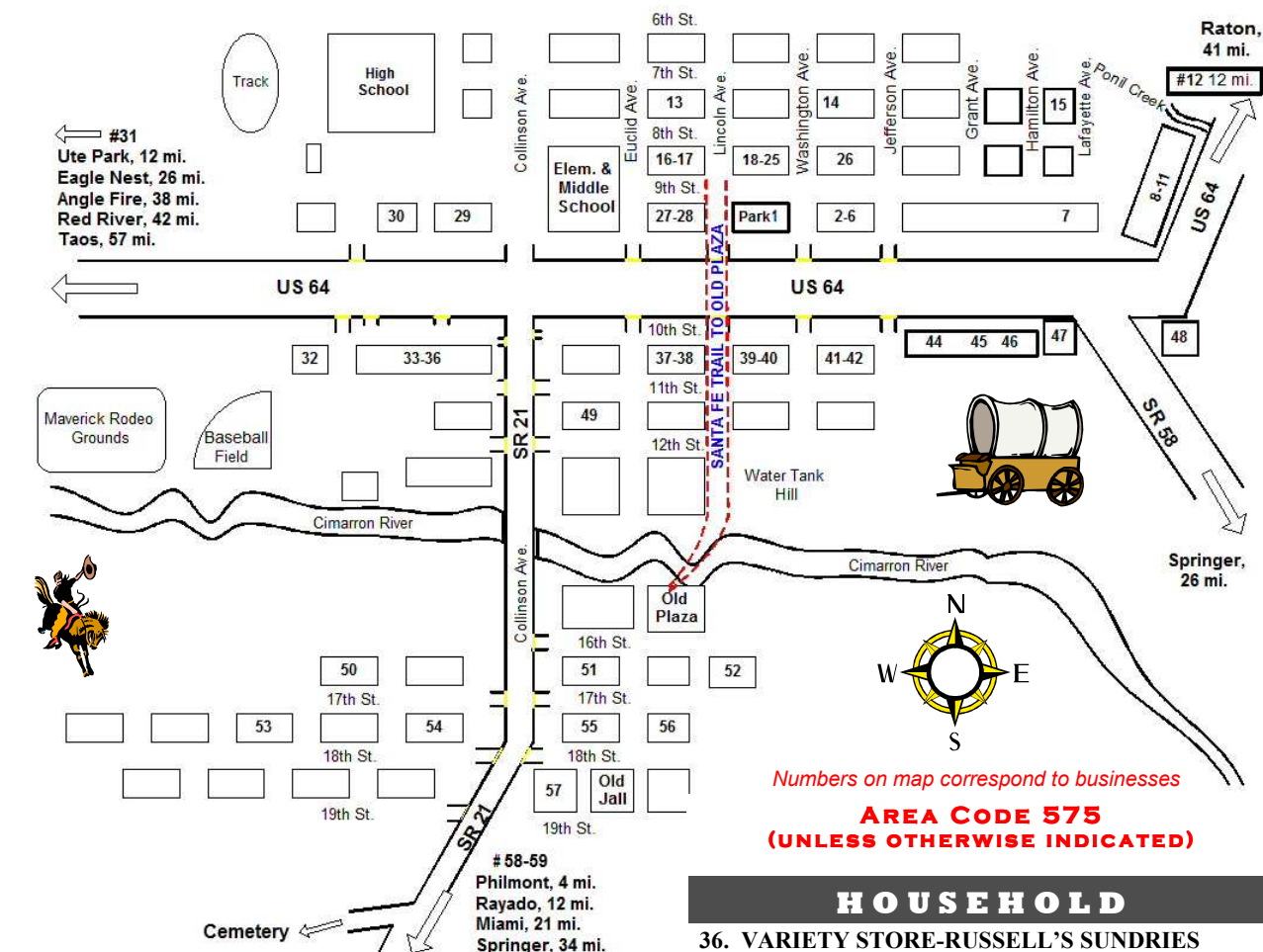
www.cimarronnm.com

GIFT SHOPS/ANTIQUES/ART

- 2. TERRA JAVA**
100 N. Washington Ave.....426-4410
Antique/classic books, eclectic items, motorcycle collection.
- 11. JONES EMBROIDERY**
Hwy 64 east— in Ponil Campground.....376-2343
Embroidery & gift shop
- 23. CIMARRON ART GALLERY**
337 E. Ninth St.....376-2614
*Old-time soda fountain, jewelry, artwork
Summer Daily: 9-6pm; Winter: M-S 9-5, Sun 10-4*
- 24. CIMARRON BLUE MOON**
341 E. Ninth St.....376-2223
*Regional art & New Mexico-made products
Winter: Mon-Sat 9-5, closed on Sun
& Zia Natural Gas: 800-520-4277*
- 28. CIMARRON SWEET SPOT**.....312-0016
*The PINK TRAILER behind the bank—closed in winter
Candy, soda, chips, gifts, sundries, daily specials*
- 32. CIMARRON CANDLE COMPANY**
31097 Highway 64.....376-9002
Finely scented candles hand-poured along the Santa Fe Trail
- 32. CIMARRON CANYON WOODWORKS**
31097 Highway 64.....376-2015
*Art, furniture, collectibles & woodworking
Horse boarding—\$15/night/head—376-2772*
- 39. CIMARRON TRADING CO**.....376-1110
300 E 10th St ~Sporting goods, hardware, gift shop.
Mixture of items to intrigue shoppers
- 40b. REYNOLDS MUSIC STORE** 575-376-1042
Store closed for winter. Call for service: 575-512-8301
Sheet music, instruments, supplies, repair, lessons
- 48. TIM'S THIS & THAT**
Corner of Hwy 58/64.....595-5153
Lots of misc things to choose from!
- 49. THE OUTFITTER**
12th St off Hwy 21.....376-9128
*Old West mercantile— Leather goods
Open Mon-Sat. 9am-dusk*
- 54. SCHWENK'S GAMBLING HALL**
716 Collison Ave; across from the St. James.....376-2044
*Vintage items/Antiques/Furniture/Art/Crafts/Decor
Open thru Sept 30; closed in winter*

CLOTHING/JEWELRY/GIFTS

- 38. CIMARRON WEST**
256 E. 10th St., corner of Lincoln.....376-2423
*Western wear, tack & saddlery, ranch supplies
Winter: Mon-Sat 9-5; Closed Sun.*
- 30. GYPSY JEWELS BAKERY & BOUTIQUE**
31094 W. Hwy 64...COMING SOON...409-267-7965
Unique Gifts, Boutique Items, Clothing, & Bakery



Numbers on map correspond to businesses
AREA CODE 575
(UNLESS OTHERWISE INDICATED)

ARTISTS/ART GALLERIES

- 3. L. MARTIN PAVLETICH STUDIO**
428 E Ninth St.....376-2871
*Original artwork
Mid June-Labor Day Mon-Sat 9-4; by appt after Oct 1*
- 25. SUSAN NORRIS ARTWORKS**
357 E. Ninth St., corner of Washington Ave.....770-5725
Sculptor, painter
- 40. STEVE RICK**
312 E. 10th St. (next to Cimarron Trading Co I).....376-2449
Custom knives/ironwork & sterling silver jewelry
- 56. OLD TOWN GALLERY-KNIGHT/WOLF STUDIOS**
114 E. 17th St.....643-6075
Mem Day-Labor Day: 10-6; Closed Mon
- 31. MATZEN POTTERY**
Ute Park.....376-2497
- YVONNE O'BRIEN Photography**.....376-4564

HOUSEHOLD

- 36. VARIETY STORE-RUSSELL'S SUNDRIES**
31083 Hwy 64.....376-2502
Open M-Sa 9-6, Sun 10-3 Craft supplies, household goods, fishing supplies; everything you forgot to pack!

REALTORS

- 5b. O'NEILL LAND, LCC**
456 E. 9th St. (behind Yvonne's Crossroads).....376-2341
Real estate specializing in land and ranches
- 31. AMERICAN WEST RANCHES, LLC**
PO Box 73, Eagle Nest, NM 87718.....377-3382
Stacie Ewing: Ranches, Homes, Land

GROCERIES/GAS

- 33. RUSSELL'S ONE STOP**
31091 Hwy 64 (inside the gas station)..... 376-2224
*Groceries, meat/produce, gasoline & carwash
Summer 8am-8pm / Winter 8am-7pm*
- 47. CIMARRON MINI MART**
Highways 58 and 64.....376-2577
*Diesel, gas, convenience store, beverages
Mon-Sat 6am-10pm; Sun. 6am-9pm*

LODGING

- 11. PONIL CAMPGROUND & RV PARK**
Highway 64, towards Raton.....376-2343
RV parking, camping, showers, laundry, WiFi
- 31. CIMARRONCITA Historic Ranch Retreat**
Hwy 64 west, in Ute Park, NM.....866-376-2482
PO Box 68, Ute Park, NM 87749
*Nature tourism in Cimarron Canyon /fishing tours
Lodging Season: Memorial Day wknd - Sept 30*
- 31. PINE RIDGE MOTEL & RV PARK**
15 mi. west on Highway 64 in Ute Park.....376-2960
*Convenience store, gifts, gas, garage, fishing licenses
Gift Shop: Fri-Sat 9a-5p; Wed/Thu 9-5 by request
Gas station: Sun 7a-12p; Mon-Sat 7-5; closed Tue*
- 37. CIMARRON INN & RV PARK**
212 E. 10th St— off Hwy 64.....376-2268
*Themed rooms, cabins with kitchens, RV & tent sites;
grey water dumping—\$10, Water to refill RV—\$5
Pets welcome—Free WiFi—no smoking
Hours: Summer: 7-10; Winter: 8-9*
- 51. ST. JAMES HOTEL** 1-888-376-2664
617 S. Collison St. (Hwy 21)..... 376-2664
*Café, formal dining room, lounge
Historic Tours; haunted hotel on the Santa Fe Trail*
- 59. CASA DEL GAVILAN BED & BREAKFAST**
5 mi. south on Hwy 21...376-2246 or 1-800-GAVILAN
Historic Bed and Breakfast in the foothills of the Sangre de Cristo Mts. Closed in winter.

RESTAURANTS

- 7. THE PORCH DELI & MARKET**
636 Ninth Street.....376-2228
*Off-season: Open Wed-Sat 10:00 am-2:00 pm
(Summer: M-Sa 10-2, Sun brunch)~Winter: Wed-Sat 10-2.*
- 12. COLFAX TAVERN-COLD BEER**
8 mi. north on Hwy 64.....376-2229
Pizza and billiards
- 17. CIMARRON'S HOUSE OF PIZZA**
Corner of Ninth & Lincoln.....376-2130
*NOW SERVING BREAKFAST!
Summer M-F 11am-8pm/ Winter M-F 7-1 & 4-7 Sat 4-7*
- 34. CREE MEE RESTAURANT**
31083 Hwy 64 (next to the Shell station).....376-2480
Summer: Open Daily 10-9 / Winter: Closed Sun/ Mon.
- 51. THE ST. JAMES HOTEL**
617 S. Collison (Hwy 21).....376-2664
Formal dining room: Open daily 7am-9pm; Bar: Daily